

**Recreational Swim Schedule  
September 17 – February 5, 2012**

The F.T. Sherk Aquatic and Fitness Centre will be closed on Monday, October 10 (Thanksgiving). There will be no recreational swimming on Sunday, November 14 (Swim meet). The Holiday Recreation Swim Schedule will be in effect from Saturday, December 24 to Sunday, January 1 (see page 12.) The Leamington Kinsmen Recreation Complex reserves the right to adjust the Swim Schedule based on usage and special events. Check for updates on the “drop in schedule” on our website at

[www.learmington.ca/residents/recreaton\\_guide.asp](http://www.learmington.ca/residents/recreaton_guide.asp)

**25 meter pool**

<b>Sunday</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
Lane Swim 9:00 – 10:00 am	Lane Swim 6:30 – 8:30 am	Lane Swim 6:30 – 8:30 am	Lane Swim 6:30 – 8:30 am	Lane Swim 6:30 – 8:30 am	Lane Swim 6:30 – 8:30 am	Lane Swim 8:00 – 9:00 am
Birthday Party Rentals 11:30 -1:00 pm Call (519) 322-2337	Adult Swim 10:00 – 11:00 am	55+ swim 10 am - 12 noon	Adult Swim 10:00 – 11:00 am	55+ swim 10 am - 12 noon	Rental time available 9:30 – 11:30 am Call 519 322-2337 to book your group	Birthday Party Rentals 1:30 -4:30 pm Call (519) 322-2337
	11:00 – 12:00 noon <i>*one lane available during Aquafitness</i>		11:00 – 12:00 noon <i>*one lane available during Aquafitness</i>			
	12 noon – 1:00 pm Lane swim	12 noon – 1:00 pm Lane swim	12 noon – 1:00 pm Lane swim			
Open swim 1 – 3 pm <i>*one lane available</i>	1:00 – 2:00 pm <i>*one lane available during Aquafitness</i>	1:00 – 2:00 pm <i>Home School Swim *one lane available</i>	1:00 – 2:00 pm <i>*one lane available during Aquafitness</i>	Rental time available 1:00 – 3:00 pm Call 519 322-2337 to book your group	Rental time available 1:00 – 3:00 pm Call 519 322-2337 to book your group	Open Swim 4:30 – 6:30 pm <i>*one lane available</i>
		Open swim 4 – 5 pm <i>*one lane available</i>		Open swim 4 – 5 pm <i>*one lane available</i>	Open swim 7 – 9 pm <i>*one lane available</i>	Family Swim 6:30 – 7:30 pm <i>*one lane available</i>
		7:00 – 8:00 pm <i>*one lane available during Aquafitness</i>		5:00 – 6:00 pm <i>*one lane available during Aquafitness</i>		
				7 – 8 pm <i>*one lane available during Masters</i>		

### Tot and Leisure Pools

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Family Swim 9:00 – 10 am	55+ Swim 11 am – 12 noon	Family Swim 9:00 – 10 am	55+ Swim 11 am – 12 noon	Rental time available 9:30 – 11:30 am Call 519 322-2337	
Birthday Party Rentals 11:30 -1:00 pm Call (519) 322-2337	Family Swim 12 noon – 1:00 pm	Family Swim 12 noon – 1:00 pm	Family Swim 12 noon – 1:00 pm	Family Swim 12 noon – 1:00 pm	Family Swim 12: 15 – 1:00 pm	Birthday Party Rentals 1:30 -4:30 pm Call (519) 322-2337
Open swim All Pools 1 – 3 pm	Rental time available 1:00 – 3:00 pm Call 519 322-2337	Rental time available 2:00 – 4:00 pm Call 519 322-2337	Rental time available 1:00 – 3:00 pm Call 519 322-2337	Rental time available 1:00 – 4:00 pm Call 519 322-2337	Rental time available 1:00 – 3:00 pm Call 519 322-2337	Open Swim All Pools 4:30 – 6:30 pm
		Open swim All Pools 4 - 5 pm		Open swim All Pools 4 - 5 pm		Family Swim All Pools 6:30 – 7:30 pm
		Family Swim 7 – 8 pm		Family Swim 7 – 8 pm	Open Swim All Pools 7 – 9 pm	

***“Within Arms Reach Policy”:*** Your safety is our main concern, we know it is your main concern as well. To make our facilities as safe as possible, children 7 years of age and under must be accompanied in the water AND be within direct arms reach of a parent or guardian 14 years of age or older. The ratio of children 7 years and under per adult is 3 to 1. ***This policy applies to all pools during recreation swim times.***

Medical Conditions: participants with serious medical conditions (especially seizure disorders) should be accompanied by another person knowledgeable of their condition.

**Lane Swim:** Lanes are set up for continuous swimming. Please be courteous and share your lane. Circle swimming is **required** (swim up one side of the lane and down the other).

**\*one lane available:** One lane swim available during program or rec swim times. Lane available for swimming lengths only. Circle swimming is **required**.

**Adult Swim:** Adult (14 years and over) only.

**55+ Swim:** A quiet time reserved for participant’s age 55 yrs and older.

**Open Swim:** Your safety is our main concern, we know it is your main concern as well. To make our facilities as safe as possible, children 7 years of age and under must be accompanied in the water AND be within direct arms reach of a parent or guardian 14 years of age or older. The ratio of children 7 years and under per adult is 3 to 1. This policy is referred to as the ***“Within Arms Reach Policy”***.

**Family Swim:** Children of all ages must be accompanied by an adult in the water at all times.

**Tot Pool**

A shallow pool. Approximately 7m x 3m. Great for preschool aged participants. Children under 7 years of age and under must be accompanied in the water and be within arms reach of a parent or person 14 years of age or older.

**Leisure Pool**

A warmer pool attached to the main pool. A good pool for young children and their guardians, or adults looking for a warmer water temperature for stretching and range of motion activities. .